



**COMPLETE CARE**

**SPRING MENU 2023**

**REGULAR**

**WEEK 1**

<b>Sunday</b> <small>Apr-09, May-07, Jun-04, Jul-02</small>	<b>Monday</b> <small>Apr-10, May-08, Jun-05, Jul-03</small>	<b>Tuesday</b> <small>Apr-11, May-09, Jun-06, Jul-04</small>	<b>Wednesday</b> <small>Apr-12, May-10, Jun-07, Jul-05</small>	<b>Thursday</b> <small>Apr-13, May-11, Jun-08, Jul-06</small>	<b>Friday</b> <small>Apr-14, May-12, Jun-09, Jul-07</small>	<b>Saturday</b> <small>Apr-15, May-13, Jun-10, Jul-08</small>
<b>Breakfast</b>						
Juice of Choice Cereal of Choice Waffle Sausage Links Margarine & Jelly 2% Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Mushroom Omelet Wheat Toast Margarine & Syrup 2% Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Scrambled Eggs Bacon Wheat Toast Margarine & Jelly 2% Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice French Toast Sticks Margarine & Syrup 2% Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Scrambled Egg Wheat Toast Margarine & Jelly 2% Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Blueberry Pancakes Turkey Bacon Margarine & Jelly 2% Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Sausage Biscuit Margarine & Jelly 2% Milk Coffee or Hot Tea
<b>Lunch</b>						
BBQ Pork Loin Corn on the Cob Sauteed Kale with Garlic Wheat Dinner Roll or Bread Margarine Mandarin Orange Delight Gelatin Beverage of Choice	Grilled Chicken Breast Baked Potato Green Beans Wheat Dinner Roll or Bread Margarine Watermelon Beverage of Choice	BBQ Glazed Meatloaf Mashed Red Skin Potatoes Green Peas Wheat Dinner Roll or Bread Margarine Fruited Gelatin Beverage of Choice	Baby Back Ribs Corn on the Cob Calico Coleslaw Wheat Dinner Roll or Bread Margarine Apple Pie Beverage of Choice	Fried Chicken French Fries Carrots & Green Beans Wheat Dinner Roll or Bread Margarine Fruit Yogurt Granola Parfait Beverage of Choice	Baked Flounder Orzo Pico de Gallo Wheat Dinner Roll or Bread Margarine Strawberries Beverage of Choice	Italian Pork Chop Macaroni & Cheese Carrots & Zucchini Wheat Dinner Roll or Bread Margarine Pineapple with Cherry Beverage of Choice
Sweet & Sour Chicken	Beef Soft Tacos	Cheese Tortellini	Beef Hot Dog on Bun	Veal Parmesan	Chicken Burger	Gyro
<b>Dinner</b>						
Hamburger on a Bun Lettuce Tomato and Onion Steak Fries Tropical Fruit Salad 2% Milk Beverage of Choice	Pepperoni Pizza Baby Carrots Wheat Dinner Roll or Bread Margarine Sliced Peaches 2% Milk Beverage of Choice	Ham Steak Macaroni & Cheese Mixed Vegetables Strawberries Wheat Dinner Roll or Bread Margarine 2% Milk Beverage of Choice	BBQ Chicken Wings Cajun Rice Broccoli & Carrots Wheat Dinner Roll or Bread Margarine Assorted Ice Cream Beverage of Choice	Reuben Sandwich Potato Salad Angel Food Cake 2% Milk Beverage of Choice	Salmon Patty Macaroni Salad Orange Sherbet Lettuce & Tomato Dinner Roll 2% Milk Beverage of Choice	BBQ Beef on a Bun Hashbrowns Braised Red Cabbage Wheat Dinner Roll or Bread Margarine Grapes Beverage of Choice
Grilled Ham & Cheese Sandwich on Wheat	Meatballs	Chicken Kabobs	Crispy Buffalo Style Shrimp Wrap	Grilled Cheese & Tomato Sandwich	Turkey Wrap	Lasagna with Meatsauce



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**WEEK 2**

Sunday <small>Apr-16, May-14, Jun-11, Jul-09</small>	Monday <small>Apr-17, May-15, Jun-12, Jul-10</small>	Tuesday <small>Apr-18, May-16, Jun-13, Jul-11</small>	Wednesday <small>Apr-19, May-17, Jun-14, Jul-12</small>	Thursday <small>Apr-20, May-18, Jun-15, Jul-13</small>	Friday <small>Apr-21, May-19, Jun-16, Jul-14</small>	Saturday <small>Apr-22, May-20, Jun-17, Jul-15</small>
<b>Breakfast</b>						
Juice of Choice Cereal of Choice Western Omelet Wheat Toast Margarine & Jelly 2% Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Blueberry Pancakes Wheat Toast Margarine & Jelly 2% Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Scrambled Eggs Margarine & Jelly Wheat Toast 2% Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Eggs Benedict Margarine & Syrup 2% Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Chipped Beef Biscuit 2% Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice on a Croissant Fried Egg Margarine & Syrup 2% Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice French Toast Margarine & Jelly 2% Milk Coffee or Hot Tea
<b>Lunch</b>						
Roast Turkey Sausage Bread Dressing Green Beans Wheat Dinner Roll or Bread Margarine Fruit Mix Beverage of Choice	Marinated Flank Steak Roasted Fingerling Potatoes Sautéed Spinach with Garlic Wheat Dinner Roll or Bread Margarine Emerald Pear Gelatin Dessert Beverage of Choice	BBQ Pulled Pork Black Beans & Rice Broccoli & Cauliflower Wheat Dinner Roll or Bread Margarine Angel Food Cake Beverage of Choice	Chicken Fajita Yellow Rice Sautéed Peppers & Onions Wheat Dinner Roll or Bread Margarine Orange Sherbet Beverage of Choice	Hamburger on a Bun Macaroni & Cheese Lettuce and Onion Wheat Dinner Roll or Bread Margarine Pumpkin Pie Beverage of Choice	Tortilla Breaded Fish Navy Beans Oven Roasted Tomatoes Wheat Dinner Roll or Bread Margarine Fruit Cup Beverage of Choice	Sausage Jambalaya with Rice Jasmine Rice Dinner Roll Apple Pie Beverage of Choice
Polish Sausage	Eggplant Parmesan	Chicken Curry	Corned Beef & Swiss Sandwich	Cheese Quesadilla	Baked Penne Pasta with Cheese	Chicken Tenders
<b>Dinner</b>						
Pot Roast Garlic Mashed Potatoes Collard Greens Wheat Dinner Roll or Bread Margarine Watermelon Radish Beverage of Choice	Ham & Swiss Cheese Sandwich on Rye Bread Garden Vegetable Soup Wheat Dinner Roll or Bread Margarine Tropical Fruit 2% Milk Beverage of Choice	Seafood Gumbo Vegetable Blend Wheat Dinner Roll or Bread Margarine Fruit Basket Crumble 2% Milk Beverage of Choice	Turkey Sandwich Potato Chips Lettuce & Tomato Wheat Dinner Roll or Bread Margarine Watermelon Beverage of Choice	Fried Chicken Potato Salad Calico Coleslaw Margarine Mandarin Oranges & Bananas 2% Milk Beverage of Choice	Tuna Melt Marinated Garden Salad White Cake 2% Milk Beverage of Choice	Beef & Cabbage Casserole Onion Rings Margarine Angel Food Cake 2% Milk Beverage of Choice
Chicken Caesar Wrap	Chef Salad with Turkey	Ranch Turkey & Swiss Wrap	Hungarian Pork Tips	Greek Salad	Beef Hot Dog on Bun	Grilled Cheese Sandwich



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**WEEK 3**

<b>Sunday</b> <small>Apr-23, May-21, Jun-18, Jul-16</small>	<b>Monday</b> <small>Apr-24, May-22, Jun-19, Jul-17</small>	<b>Tuesday</b> <small>Apr-25, May-23, Jun-20, Jul-18</small>	<b>Wednesday</b> <small>Apr-26, May-24, Jun-21, Jul-19</small>	<b>Thursday</b> <small>Apr-27, May-25, Jun-22, Jul-20</small>	<b>Friday</b> <small>Apr-28, May-26, Jun-23, Jul-21</small>	<b>Saturday</b> <small>Apr-29, May-27, Jun-24, Jul-22</small>
<b>Breakfast</b>						
Juice of Choice Cereal of Choice Scrambled Eggs Wheat Toast Margarine & Jelly 2% Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Egg Casserole Wheat Toast Margarine & Jelly 2% Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Fried Egg English Muffin Margarine & Syrup 2% Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Chipped Beef Wheat Toast Margarine & Jelly 2% Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Pancakes Pork Patty Margarine & Jelly 2% Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Mushroom Omelet White Toast Margarine & Jelly 2% Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice Waffle Bacon Margarine & Syrup 2% Milk Coffee or Hot Tea
<b>Lunch</b>						
BBQ Chicken Wings Cool Corn Salad Peas & Carrots Wheat Dinner Roll or Bread Margarine Fruit Cup Beverage of Choice	Baby Back Ribs Corn on the Cob Braised Red & Green Cabbage Wheat Dinner Roll or Bread Margarine Pudding Swirl Beverage of Choice	Pasta Primavera with Chicken Butter or Margarine Wheat Dinner Roll or Bread Tossed Salad Honeydew Melon Beverage of Choice	Braised Pork Tips Rice Pilaf Roasted Beets and Carrots Wheat Dinner Roll or Bread Margarine Cherry Gelatin Beverage of Choice	Chicken Fried Rice Summer Vegetable Blend Wheat Dinner Roll or Bread Margarine Assorted Ice Cream Beverage of Choice	Breaded Fish on a Bun Seasoned Steak Fries Lettuce and Onion Margarine Peaches and Pears Beverage of Choice	Chopped Steak Garlic Mashed Potatoes Green Beans Wheat Dinner Roll or Bread Margarine Orange Cake with Frosting Beverage of Choice
Supreme Pizza	Philly Steak	Hawaiian Ham Steak	Corned Beef Sandwich on Rye Bread	Seasoned Tri-Color Pasta	Meatballs with Sauce	Buffalo Style Crispy Chicken Wrap
<b>Dinner</b>						
Italian Sausage Baked Beans Scandinavian Vegetable Blend Wheat Dinner Roll or Bread Margarine Peach Cobbler 2% Milk Beverage of Choice	Shrimp & Grits Broccoli Florets Wheat Dinner Roll or Bread Margarine Watermelon Beverage of Choice	Goulash Egg Noodles Baby Carrots Wheat Dinner Roll or Bread Citrus Banana Cup 2% Milk Beverage of Choice	Blackened Chicken Black-Eyed Peas Garden Vegetable Blend Wheat Dinner Roll or Bread Margarine Fruit Cup 2% Milk Beverage of Choice	Black Jack Burger Lettuce Tomato and Onion Sweet Potato Wedges Margarine Carrot Cake with Frosting 2% Milk Beverage of Choice	Bacon Wrapped Chicken Vegetable Soup Pineapple with Strawberries Beverage of Choice	Turkey In Herb Sauce Collard Greens Scalloped Potatoes Wheat Dinner Roll or Bread Margarine Grapes 2% Milk Beverage of Choice
Grilled Chicken Sandwich	Hot Dog on a Bun	Open-Faced Hot Turkey Sandwich	Beef Chili	Tuna Salad Wrap	Grilled Cheese Sandwich	Knockwurst Sausage



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**WEEK 4**

<b>Sunday</b> <small>Apr-30, May-28, Jun-25, Jul-23</small>	<b>Monday</b> <small>May-01, May-29, Jun-26, Jul-24</small>	<b>Tuesday</b> <small>May-02, May-30, Jun-27, Jul-25</small>	<b>Wednesday</b> <small>May-03, May-31, Jun-28, Jul-26</small>	<b>Thursday</b> <small>May-04, Jun-01, Jun-29, Jul-27</small>	<b>Friday</b> <small>May-05, Jun-02, Jun-30, Jul-28</small>	<b>Saturday</b> <small>May-06, Jun-03, Jul-01, Jul-29</small>
<b>Breakfast</b>						
Juice of Choice Cereal of Choice Scrambled Egg with Onions White Toast Margarine & Jelly 2% Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice  French Toast Turkey Bacon Margarine & Jelly 2% Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice  Cheddar Egg Bake White Toast Margarine & Syrup 2% Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice  Cheese Omelet White Toast Margarine & Syrup 2% Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice  Pancakes Sausage Links Margarine & Jelly 2% Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice  Hard Cooked Egg Margarine & Jelly Hashbrowns 2% Milk Coffee or Hot Tea	Juice of Choice Cereal of Choice  Garden Egg White Patty White Toast Margarine & Jelly 2% Milk Coffee or Hot Tea
<b>Lunch</b>						
Lasagna with Meatsauce Garden Salad with Dressing Wheat Dinner Roll or Bread Margarine Sliced Cantaloupe Beverage of Choice	Hamburger on a Bun French Fries Lettuce and Onion Margarine Strawberry Parfait Beverage of Choice	Fried Chicken Macaroni & Cheese California Vegetable Blend Wheat Dinner Roll or Bread Margarine Sliced Peaches	Meatballs Italian Angel Hair Pasta Sauteed Spinach with Garlic Wheat Dinner Roll or Bread Margarine Oatmeal Cookie	Buffalo Style Crispy Chicken Wrap Wild Blend Rice Broccoli & Carrots Margarine Poached Pears	Lemon & Herb Baked Cod Chickpea & Black Sesame Chips Ratatouille Margarine Pineapple Tidbits	Meatloaf Garlic Mashed Potatoes Roasted Zucchini Wheat Dinner Roll or Bread Margarine Cherry Gelatin
Baked Turkey	Tuna Melt	Cheese Quesadilla	Baked Penne Pasta with Cheese	Polish Sausage	Eggplant Parmesan	Cheese Tortellini w/ Alfredo Sauce
<b>Dinner</b>						
Roasted Chicken Roasted Fingerling Potatoes Calico Coleslaw Wheat Dinner Roll or Bread Margarine Praline Bar 2% Milk	Grilled Pork Chop Baked Beans Mixed Vegetables Dinner Roll or Bread Butter or Margarine Lime Pineapple Gelatin 2% Milk	Roast Beef Baked Potato Dilled Baby Carrots Margarine Assorted Ice Cream 2% Milk Beverage of Choice	BBQ Spare Ribs Corn on the Cob Roasted Beets Dinner Roll or Bread Butter or Margarine Pudding Parfait Beverage of Choice	Beef Hot Dog on Bun Potato Chips Sliced Peaches Mandarin Oranges 2% Milk Beverage of Choice	Pork Loin Garlic Mashed Potatoes Sauerkraut Fruit Cup 2% Milk Beverage of Choice	BLT Sandwich with Turkey Potato Salad Lettuce & Tomato Margarine Iced Brownie 2% Milk Beverage of Choice
Cheese Ravioli with Meat	Turkey & Swiss Cheese	Thin Crust Cheese Pizza	Shrimp Stir Fry with	Greek Salad	Grilled Chicken Sandwich	Knockwurst Sausage