











Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>1</b></p> <p>Independent Activities Puzzles ,Cards .Crafts ,Word search and more located in recreation room.</p>	<p><b>2</b></p> <p><u>9:00 Clergy Visits with Communion</u> 10:45 Exercise and Trivia/DR 2:30 Bingo/DR  6:00 Active Game/DR</p>	<p><b>3</b></p> <p>10:45 Exercise and Trivia/DR 2:00 Chime Choir Practice/DR  6:00 Table Games/DR</p>	<p><b>4</b></p> <p>10:45 Exercise and /DR 2:30 Let's Make/RR 3:30 Together Time  6:00 Patio Time/DR</p>	<p><b>5</b></p> <p>10:45Exercise and/DR 11 to 4 Visits with Althea 2:00 Rosary/RR 3 00 Anything goes</p>	<p><b>6</b></p> <p>10:45 Exercise and .../DR 11 to 4 Visits with Althea  2:30 Musical Ent. Larry &amp; Doreen/DR</p> 	<p><b>7</b></p> <p>10:45 Fun and Fitness/DR  <i>Independent Activities</i></p>
<p><b>8</b></p> <p>10:45 Fun and Fitness/DR  <i>Independent Activities</i></p> 	<p><b>9</b></p> <p><u>9:00 Clergy Visits with Communion</u> 10:45 Exercise and Trivia/DR 2:30 Bingo/DR  6:00 Active Game/DR</p>	<p><b>10</b></p> <p><u>Gourmet Coffee &amp; Donut Day!</u> 10:45 Exercise and Reminisce/DR 2:00 Chime Choir Practice/DR 3:30 Refreshment Visits  6:00 Table Games/DR</p>	<p><b>11</b></p> <p>10:45 Exercise and /DR 2:30 Let's Make/RR 3:30 Together Time  6:00 Patio Chats</p> 	<p><b>12</b></p> <p><u>Breast Cancer Awareness Month</u> 10:45Exercise and/DR 11 to 4 Visits with Althea 2:00 Rosary/RR 3 00 Anything goes</p>	<p><b>13</b></p> <p>10:45 Exercise &amp; Jeopardy/DR  11 to 4 Visits with Althea 2:30 Musical Ent, Jim Harkins/DR</p>	<p><b>14</b></p> <p>10:45 Fun and Fitness/DR  6:00 Bingo /DR</p> 
<p><b>15</b></p> <p>10:45 Fun and Fitness/DR  6:00 Manicures and Hand massage Visits</p>	<p><b>16</b></p> <p><u>9:00 Clergy Visits with Communion</u> 10:45 Exercise and Trivia/DR 2:30 Bingo/DR  6:00 Active Game/DR</p>	<p><b>17</b></p> <p>10:45 Exercise and Riddles/Jokes/DR 2:30 Anything Goes/DR  6:00 Table Games/DR</p>	<p><b>18</b></p> <p>10:45 Exercise and /DR 2:30 Let's Make/RR 3:30 Together Time  6:00 Tabletop shuffleboard/dr</p>	<p><b>19</b></p> <p>10:45 Exercise and/DR 11 to 4 Visits with Althea 2:00Rosary /RR 3:00 Anything goes</p>	<p><b>20</b></p> <p>10:45 Exercise and.../DR 11 to 4 Visits with Althea  2:30 Musical Ent .Pierce C /DR</p>	<p><b>21</b></p> <p>10:45 Fun and Fitness/DR  <i>Independent Activities</i></p>
<p><b>22</b></p> <p>10:45 Fun and Fitness/DR  <i>Independent Activities</i></p>	<p><b>23</b></p> <p><u>9:00 Clergy Visits with Communion</u> 10:45 Exercise and Trivia/DR 2:30 Bingo/DR  6:00 Active Game/DR</p>	<p><b>24</b></p> <p>10:45 EXERCISE &amp; OCTOBERFEST FUN FACTS/DR  <b>2:30 OKTOBERFEST</b> 6:00 LAWERENCE WELK POLKA( VIDEO)/REC</p>	<p><b>25</b></p> <p>0:30 Baptist Service with Pastor John followed by Exercise/DR. 2:30 Monthly Birthday Celebration with Musical Ent, by Brian G./DR 6:00Table top shuffleboard/DR</p>	<p><b>26</b></p> <p>10:45 Exercise and/DR 2 :00 Rosary/DR 2:30 Resident Council Meeting/DR</p>	<p><b>27</b></p> <p>10:45 Exercise &amp; Jeopardy/DRA  2:30 PUMPKIN PATCH PARTY/DR</p> 	<p><b>28</b></p> <p><u>Fall Begins</u> 10:45 Fun and Fitness/D  6:00 Bingo/DR</p>
<p><b>29</b></p> <p>10:45 Fun and Fitness/DR  6:00 Coloring and Craft Corner/DR</p>	<p><b>30</b></p> <p><u>9:00 Clergy Visits with Communion</u> 10:45 Exercise and.. /DR 2:30 Bingo/DR  6:00 Active Game/DR</p>	<p><b>31</b></p> <p>HAPPY HALLOWEEN 10:00 SPOOKTACULER GAMES/DR 2:30 HALLOWEEN PARTY/DR 5:00 Dinner and Holiday Movie/DR</p> 	<p><u>Intergenerational Visits with Westover Students Wednesdays 2:00 - 4:00</u></p> 	<p>All Activities Are Subject to change</p> 	<p><i>Flo /Dept Head Lynn/TRD Althea/TRA Anya/TRA</i></p> 	<p>Independent Activities Puzzles, Crafts, Word search, Cards and more.. Located in rec room</p>



## Therapeutic Recreation Calendar for October 2023